**Reflective Journal Rubric**

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|  | Exemplary | Adequate | Needs more effort |
| Ideas | Writing demonstrates an in-depth reflection on the prompt, including multiple supporting details and examples. | Writing demonstrates a general reflection on the selected topic, including some supporting details and examples. | Writing demonstrates lack of reflection on the selected topic, with no details. |
| Quality of Information | Information clearly relates to the main topic. Paper includes several supporting details and/or examples  | Information clearly relates to the main topic. No details and/or examples or given  | Information has little to do with the main topic  |